WEEKDAY LIGHT BREAKFAST

served monday to friday until 12 noon

all 9.95

weekday small full english breakfast

one smithfield market cumberland sausage, one rasher of smoked dutch bacon,

small vegetarian breakfast

one vegetable sausage, fried egg, grilled portobello mushrooms heinz beans of grilled tomatoes and your choice of toast

a two egg omelette with your choice of two of any of the following fillings:

fried egg, heinz beans or grilled tomatoes and your choice of toast

bacon, sausage, ham, pancetta, chorizo, cheddar, feta, tomato, mushroom, spinach, pepper, onion, new potato, avocado or rocket

(additional fillings are available 1.50 each)

ON TOAST

all 8.95

served monday to friday until 12 noon

smashed avocado

smashed avocado on sourdough, served with crumbled feta, chilli flakes and two hash browns

beans with chorizo and feta

heinz baked beans and cheddar cheese served on your choice of toast

cheese and tomato

grilled cheddar cheese and buffalo tomatoes served on your choice of toast with two hash browns

eggs and tomato

poached, fried or scrambled eggs and grilled buffalo tomatoes served on your choice of toast with two hash browns

eggs and mushroom

poached, fried or scrambled eggs and grilled portobello mushrooms served on your choice of toast with two hash browns

(additional toppings are available 1.50 each)

SANDWICHES

all 7.95

served monday to friday until 12 noon

sausage and egg

smithfield cumberland sausage and fried egg, served in white or granary bread

bacon and egg

smoked dutch back bacon and fried egg, served in white or granary bread

BREAKFAST

served until 12 noon (12.30pm sundays)

large full english breakfast

14.95 two smithfield market cumberland sausages, two rashers of smoked dutch bacon,

fried egg, grilled tomatoes, heinz beans, two hash browns or homemade bubble and squeak and your choice of toast

small full english breakfast

12.95

one smithfield market cumberland sausage, one rasher of smoked dutch bacon, fried egg, heinz beans, grilled tomatoes, two hash browns and your choice of toast

vegetarian breakfast (v)

14.95

two vegetarian sausages, fried egg, two hash browns or homemade bubble and squeak, grilled tomatoes, heinz beans, portobello mushrooms and your choice of

vegan breakfast (ve)

14.95

two vegetarian sausages, two hash browns, smashed avocado, grilled tomatoes, heinz beans, portobello mushrooms and your choice of toast (dairy free butter)

steak breakfast

16.95

8oz scottish steak, fried egg, portobello mushrooms, grilled tomatoes or heinz beans, hash two browns or homemade bubble and squeak and your choice of toast

estuary breakfast tower

15.95

two poached eggs stacked on sourdough toast with smashed avocado, smoked salmon and wilted spinach

estuary mediterranean tower

14.95

two poached eggs stacked on sourdough toast with nduja (spicy pork sausage), grilled halloumi and portobello mushrooms

estuary veggie tower (v)

13.95

two poached eggs stacked on on sourdough toast with homemade bubble and squeak, wilted spinach and portobello mushrooms

eggs benedict

poached eggs on a lightly toasted muffin with hollandaise sauce

- with crispy pancetta - with sauteed spinach and avocado (v) - with scottish smoked salmon	13.95 13.95 15.95
poached eggs (v) served on sourdough toast with smashed avocado	12.95
-with two rashers of crispy dutch bacon -with spicy chorizo and chilli	13.95 13.95

visit our website to hear about all our upcoming events or any other speciality menus



scrambled eggs

served on two pieces of sourdough toast

- with two rashers of crispy dutch bacon	13.95
- with scottish smoked salmon	15.95

omelette 14.95

a three egg omelette with your choice of three of any of the following fillings: (served with two hash browns)

bacon, sausage, ham, pancetta, chorizo, cheddar, feta, tomato, mushroom, spinach, pepper, onion, new potato, avocado or rocket (additional fillings are available 1.50 each)

shakshuka (v) 12.95

roasted tomatoes, onions and peppers mixed with paprika and topped with baked egg and feta, served with crusty bread

- add halloumi 1.50

- add chorizo 1.50

breakfast wrap

12.95

smithfield market cumberland sausage, dutch bacon, fried egg and hash brown in a toasted tortilla wrap with your choice of ketchup or brown sauce

acai bowl (ve) 12.95

frozen acai puree mixed with coconut milk and served with granola, fresh fruit and desiccated coconut

scotch pancakes 11.95

served with your choice of

- fruit (v) and maple syrup
- bacon, scrambled eggs and maple syrup

EXTRAS

extras can only be added to our pre-existing selection of breakfasts. they are not able to be substituted

your choice of egg, your choice of toast, spinach, beans, tomato

2.50

1.50

smithfield cumberland sausage, smoked dutch bacon, hash browns, black pudding, homemade bubble and squeak, portobello mushrooms

halloumi, avocado 3.50

4.50 smoked salmon

