

# WEEKDAY LIGHT LUNCH

served 12 noon - 5pm monday - friday

## lunchtime burger

homemade 10oz beef burger, made using; prime mince, chilli, coriander and onion, served in a toasted pretzel bun with french fries and a fresh house side salad

## 8oz barnsley lamb chop

8oz chargrilled rosemary and garlic barnsley lamb chop, served with chunky chips, mint sauce and fresh house side salad

## bbq chicken

chargrilled cajun chicken breast, topped with cheese, bacon and bbq sauce, served with french fries and a fresh house side salad

## chicken in a cream, white wine, spinach and mushroom sauce

chargrilled chicken breast, in a cream, white wine, spinach and mushroom sauce, served on a bed of jasmine white rice

## lunchtime skewer

your choice of a chargrilled cajun chicken, lamb kofta or vegetable skewer, served with french fries and a fresh house side salad

## ham, egg and chips

wiltshire ham served with two fried eggs and chunky chips

## sausages and mash

two smithfield market cumberland sausages, served with creamy mash potato, steamed mixed vegetables, a yorkshire pudding and onion gravy

## beer-battered cod and chips

beer-battered fresh cod, served with chunky chips, mushy peas and tartare sauce

## luxury breaded wholetail scampi

luxury breaded scampi served with chunky chips, mushy peas and tartare sauce

## chicken katsu curry

panko coated chicken breast, served with aromatic japanese-style curry sauce, white jasmine rice, pickled ginger and prawn crackers

## bang bang chicken curry

breaded chicken served in a sweet and spicy asian bang bang sauce on a bed of white jasmine rice, with prawn crackers and a sesame seed and spring onion garnish

## chargrilled cajun chicken stir-fry

chargrilled cajun chicken served with oriental stir-fry vegetables with egg noodles, served in a soy, sesame and chilli oil sauce with fresh coriander and prawn crackers

## chargrilled cajun chicken, pancetta and feta salad

fresh chargrilled cajun chicken with pancetta and feta cheese

## oven-baked breaded goats cheese salad

oven-baked breaded goats cheese served with beetroot, caramelised onion and pine nuts

we have more vegetarian, vegan or gluten free light lunch options available. if you require these, please ask your server for the alternative menu options

all 16.95

# FLATBREADS, WRAPS & BURRITOS

served 12 noon - 5pm monday - saturday, 12.30pm - 5pm on sunday

your choice of filling in a flatbread or wrap

## steak and onion 14.95

8oz scottish rump steak with fried onions and rocket

## crispy duck 14.95

crispy hoisin duck with spring onion and cucumber

## prawn, avocado and rocket 13.95

fresh royal greenland prawns wrap with homemade marie rose sauce, avocado and rocket

## lamb kofta 13.95

middle eastern spiced lamb kofta with tzatziki, rocket, cucumber and onions

## chicken, tzatziki and hot honey 13.95

chargrilled chicken with creamy tzatziki, spicy hot honey and pomegranate seeds

## halloumi, tzatziki and hot honey 13.95

cyprriot halloumi with creamy tzatziki, spicy hot honey and pomegranate seeds

## pancetta, mozzarella and pesto 13.95

crispy pancetta with creamy mozzarella, green pesto, buffalo tomato, basil and a balsamic glaze

## southern fried chicken goujon 12.95

classic tender chicken goujons with mixed leaves and harissa mayo

## goats cheese and onion chutney (v) 12.95

thinly cut goats cheese with onion chutney

## mozzarella, tomato and pesto 12.95

creamy mozzarella, green pesto, buffalo tomato, basil and a balsamic glaze

## tuna and cheese 10.95

tuna mayonaise and cheddar cheese

## ham and cheese 10.95

thick cut wiltshire ham and cheddar cheese with your choice of with or without onion chutney

## falafel and hummus (ve) 10.95

falafel with hummus and rocket

## estuary burritos

your choice of filling in a toasted tortilla wrap with homemade spicy rice, cheddar cheese, fresh peppers and onions, salsa, guacamole and sour cream. choose from the following:

-8oz rump steak 14.95

-chargrilled cajun chicken breast 13.95

-chargrilled cyprriot halloumi (v) 13.95

## WHY NOT ADD A SIDE?

STANDARD SIDES 4.95

chips, french fries, curly fries, new potatoes, creamy mash, onion rings, spicy rice, garlic bread, x2 yorkshire puddings, portobello mushrooms, steamed mixed vegetables (green beans, peas and savoy cabbage), corn on the cob, large coleslaw or side salad

PREMIUM SIDES 5.95

cheesy garlic bread, tenderstem broccoli or chicken wings x 4 (bbq, blue cheese or louisiana sauce on the side)



visit our website to hear about all our upcoming events or any other speciality menus

## WEEKDAY LIGHT BREAKFAST MENU

we now offer a weekday light breakfast menu, with lighter breakfast options available from 6.95. served monday - friday until 12 noon

## STARTERS

<b>pan-fried garlic tiger prawns</b>	<b>12.95</b>
pan-fried tiger prawns served with or without sweet chilli sauce and crusty bread	
<b>luxury prawn cocktail</b>	<b>10.95</b>
fresh royal greenland greenland prawns, avocado and mixed leaves served with homemade marie rose sauce	
<b>tempura squid</b>	<b>9.95</b>
freshly battered salt and pepper tempura squid served with sweet chilli sauce	
<b>chinese style crispy duck pancakes</b>	<b>12.95</b>
crispy duck, served with cucumber, spring onion, hoisin sauce and chinese style wraps	
<b>southern fried chicken goujons</b>	<b>8.95</b>
breaded chicken goujons served with your choice of katsu curry sauce, harissa mayo or bang bang sauce	
<b>chargrilled chicken wings x6</b>	<b>8.95</b>
with your choice of blue cheese, bbq or louisiana sauce (served on the side)	
<b>chicken and vegetable gyoza's x6</b>	<b>8.95</b>
chicken and vegetable gyoza's served with soy sauce	
<b>chicken katsu curry bao buns x2</b>	<b>8.95</b>
breaded chicken goujons in fluffy bao buns, served with japanese-style curry sauce and pickled red onion	
<b>oven-baked breaded goats cheese (v)</b>	<b>9.95</b>
breaded oven-baked goats cheese, served with beetroot, caramelised onion and pine nuts	
<b>halloumi fries (v)</b>	<b>7.95</b>
breaded halloumi fries served with mango chutney	
<b>cheese nachos (single serve or sharing) (v)</b>	<b>7.95/ 13.95</b>
cheddar red leicester cheese nachos, served with guacamole, salsa, sour cream and jalapenos	

## SIDES

for most burgers & chargrills or skewers please choose any two of the sides found below. please be aware some sides are premium at +1.00

STANDARD SIDES if not with meal 4.95

chips, french fries, curly fries, new potatoes, creamy mash, onion rings, spicy rice, garlic bread, x2 yorkshire puddings, portobello mushrooms, steamed mixed vegetables (green beans, peas and savoy cabbage), corn on the cob, large coleslaw or side salad

PREMIUM SIDES if with meal +1.00 if not with meal 5.95

cheesy garlic bread, tenderstem broccoli or chicken wings x 4 (bbq, blue cheese or louisiana sauce on the side)

## BURGERS & CHARGRILLS

for most burgers & chargrills or skewers please choose any two of the sides found below (unless it has \* beside it).

<b>8 oz rib-eye steak scottish 21 day aged</b>	<b>31.95</b>
served with your choice of either homemade peppercorn sauce, mushroom sauce, blue cheese sauce, garlic butter or gravy	
<b>16 oz barnsley lamb chops</b>	<b>24.95</b>
two oz chargrilled rosemary and garlic barnsley lamb chops, served with mint sauce	
<b>bbq ribs and cajun chicken breast</b>	<b>22.95</b>
half rack of ribs and chargrilled cajun chicken breast, served with bbq sauce	
<b>bbq baby back ribs</b>	<b>23.95</b>
full rack of ribs, chargrilled and served with bbq sauce	
<b>bbq chicken</b>	<b>20.95</b>
chargrilled chicken breast, topped with cheese, bacon and bbq sauce	
	<b>why not make it a burger? +1.00</b>
<b>chargrilled gammon, pineapple, egg and chips *</b>	<b>20.95</b>
chargrilled gammon, roasted pineapple, two fried eggs and chunky chips	
<b>sausages and mash *</b>	<b>18.95</b>
three smithfield market cumberland sausages, served with creamy mash potato, steamed mixed vegetables, a yorkshire pudding and onion gravy	
<b>estuary burger</b>	<b>21.95</b>
our homemade burger with grilled chorizo, monterey jack cheese, onion rings, mayo, rocket, gherkins and chilli jam in a toasted pretzel bun	
<b>homemade burger</b>	<b>19.95</b>
homemade 10oz beef burger made with prime mince, chilli, coriander and onion, served in a toasted pretzel bun with mixed leaves and tomato	
	<b>cut the carbs? swap your bun for avocado! 1.00 surcharge</b>
	<b>add cheese or bacon 1.00 surcharge</b>
<b>southern fried chicken burger</b>	<b>20.95</b>
breaded southern fried chicken served in a toasted pretzel bun with mixed leaves, tomato and harissa mayo	

## SKEWERS

mix and match any of our freshly chargrilled skewers and two of the sides found below. please be aware some of the sides are premium at +1.00 choose any two of the following;

	<b>21.95</b>
- chargrilled steak	
- pan-fried sweet chilli and garlic tiger prawns	
- chargrilled cajun chicken	
- lamb kofte	
- chargrilled cypriot halloumi (v)	
- mixed vegetable (v)	(2 vegetable skewers 16.95)
- extra skewers available: for the really hungry	
mixed vegetable	4.95
chicken, lamb kofte or halloumi	5.95
steak or prawn	6.95

## HANDMADE PIES

<b>fish pie</b>	<b>22.95</b>
smoked haddock, salmon and cod, topped with creamy mash and tiger prawns, served with steamed mixed vegetables	
<b>steak, ale and mushroom pie</b>	<b>20.95</b>
prime english steak, mushroom and pickled onions in a rich ale gravy, served with creamy mash, steamed mixed vegetable and a jug of gravy	
<b>chicken, ham and leek pie</b>	<b>20.95</b>
succulent pieces of chicken, ham, leek and pickled onions in a creamy sauce, served with creamy mash, steamed mixed vegetables and a jug of gravy	
<b>mushroom and cashewnut wellington (v) (ve)</b>	<b>20.95</b>
mushroom and cashewnut wellington served with creamy mash, steamed mixed vegetables and a jug of vegan gravy	
	<small>-please inform your server if you require your meal vegan-</small>

## SIZZLING FAJITAS

served with cheddar cheese, guacamole, spicy salsa, sour cream and tortilla wraps. mix and match two of any of the following:	<b>23.95</b>
- chargrilled steak	
- chargrilled cajun chicken	
- pan-fried garlic tiger prawns	
- chargrilled cypriot halloumi (v)	
- mixed vegetables (v/ve) <small>peppers, onions, mangetout, green beans &amp; baby corn</small>	<b>16.95</b>
	<small>-please inform your server if you require your meal vegan-</small>

## CURRIES

<b>chicken katsu curry</b>	<b>21.95</b>
panko breaded chicken breast, served with aromatic japanese-style curry sauce, white jasmine rice, pickled ginger and prawn crackers	
<b>bang bang chicken curry</b>	<b>21.95</b>
breaded chicken served in a sweet and spicy asian bang bang sauce on a bed of white jasmine rice, with prawn crackers and a sesame seed and spring onion garnish	
<b>thai curry</b>	
fragrant thai green curry served with white jasmine rice, fresh coriander and prawn crackers	

- pan-fried tiger prawn	<b>23.95</b>
- chargrilled cajun chicken	<b>21.95</b>
- mixed vegetable (ve)	<b>16.95</b>

like it spicy? inform your server so we can make sure you get that extra kick

## STIR-FRY

oriental stir-fry vegetables with egg noodles, served in a soy, sesame and chilli oil sauce with fresh coriander and prawn crackers	
- 8 oz rib-eye steak scottish 21 day aged	<b>27.95</b>
- chinese style crispy duck	<b>23.95</b>
- pan-fried tiger prawn	<b>23.95</b>
- chargrilled cajun chicken	<b>21.95</b>
- mixed vegetable (v)	<b>16.95</b>
	served with peppers, onions, mangetout and baby corn

## SEAFOOD

<b>pan-fried sea bass</b>	
served with new potatoes, steamed mixed vegetables and your choice of either:	
- garlic butter and chilli sauce	<b>22.95</b>
- tomato, chilli and prawn sauce	<b>23.95</b>
<b>1kg pot of fresh mussels - seasonal</b>	<b>20.95</b>
served with a bowl of french fries and crusty baguette with a choice of the following freshly made sauces;	
- mariniere sauce with cream, white wine and onions	
- provencal sauce with tomatoes, chilli and garlic	
- nduja (spicy pork sausage) sauce with tomato and onion	
<b>beer-battered cod and chips</b>	<b>19.95</b>
beer-battered fresh cod served with chunky chips and your choice of garden or mushy peas and tartare sauce	
<b>luxury breaded wholetail scampi</b>	<b>18.95</b>
luxury breaded wholetail scampi served with chunky chips, your choice of garden or mushy peas and tartare sauce	

## PASTA

<b>8oz rib-eye steak and mushroom tagliatelle</b>	<b>27.95</b>
8oz rib-eye steak in a mushroom, spinach and white wine sauce on a bed of tagliatelle	
<b>smoked salmon and prawn tagliatelle</b>	<b>23.95</b>
scottish smoked salmon, prawns and wilted spinach in a cream and white wine sauce with a hint of lemon	
<b>chargrilled chicken tagliatelle</b>	<b>21.95</b>
cajun chicken and in your choice of:	
- nduja (spicy pork sausage), tomato and chilli sauce	
- cream, white wine, spinach and mushroom sauce	
<b>homemade beef lasagne</b>	<b>21.95</b>
homemade aberdeen angus beef lasagne, served with your choice of chips or french fries and a fresh house side salad	

## LUXURY SALADS

a large mixed leaf salad, with herby diced potatoes, cherry tomatoes, red onion, peppers, house dressing and coleslaw - unless stated otherwise	
<b>smoked salmon, prawns and avocado</b>	<b>23.95</b>
scottish smoked salmon, fresh greenland prawns and avocado, served with homemade marie rose sauce	
<b>pan-fried garlic tiger prawns</b>	<b>23.95</b>
garlic tiger prawns served with or without sweet chilli sauce	
<b>crispy duck</b>	<b>23.95</b>
oriental-style crispy duck, served with hoisin sauce	
<b>chargrilled cajun chicken, pancetta and feta</b>	<b>21.95</b>
chargrilled cajun chicken with pancetta and feta	
<b>bang bang chicken and sesame seeds</b>	<b>20.95</b>
breaded chicken in a sweet and spicy asian bang bang sauce	
<b>oven-baked breaded goats cheese</b>	<b>19.95</b>
oven-baked breaded goats cheese served with beetroot, caramelised onion and pine nuts	